

# The American Association of Orthodontists Recommends Treatment for Adults, When Appropriate, in Conjunction with Regular Dental Care

## Some of the Reasons Correction of Orthodontic Problems are Important to Adults:

- Can help prevent or improve periodontal problems
- Can help prevent or reduce further bone loss around teeth
- Improves ability of the dentist to restore missing teeth
- Improves aesthetics for a better smile and facial appearance
- Improves function of teeth
- Improves self-confidence and self-esteem
- Improves oral health

**By working together, the dental team can achieve results for patients that cannot be produced alone.**

**Final treatment decisions should be made in consultation with the family dentist, the orthodontist and other specialists, if necessary.**

## Resources:

**[mylifemysmile.org](http://mylifemysmile.org)**

**AAO members in your area.**

## Problems to Watch for in Adults

Malocclusions, some of which are illustrated below, may be improved by orthodontic treatment.

Final treatment decisions should be made in consultation with the family dentist, the orthodontist and other specialists, if necessary.

